



ALBANIAN SOCIETY FOR COSMETIC  
AND AESTHETIC DERMATOLOGY

MEDIA PARTNER



TIRANA  
ALBANIA

BEAUTY  
SCIENCE  
PEOPLE

# 5<sup>th</sup> ASCAD CONGRESS

*Discover the future of  
anti-age and aesthetic medicine.*

WITH INTERNATIONAL SPEAKERS



10 – 11 OCTOBER 2026



MARRIOTT HOTEL  
TIRANA, ALBANIA

TRADITION  
KNOWLEDGE  
INNOVATION

A BRIGHTER  
TOMORROW



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# SCIENTIFIC PROGRAM, V-th ASCAD CONGRESS 2026

Theme: Discover the future of anti-aging & aesthetic medicine

Tirana, 10–11 October 2026 | Marriott Hotel

## DAY I – 10 OCTOBER 2026

07:30-08:30 Registration of participants

08:30-08:45 Welcome Remarks

### Session 1: Aesthetic Medicine (12 min + 3 min Q&A) Moderators: Monika Fida, Erjona Shehu, Brunilda Bardhi

08:45-09:00 Combination modalities in Aesthetic Medicine **Erjona Shehu**

Questions & discussion

09:00-09:15 Biostimulation, benefits, results and side effects **Elena Rossi**

Questions & discussion

09:15-09:30 Rejuvenation in the era of GLP1-Agonist. Challenges, opportunities and evolving treatment strategies **Dirk Groen**

Questions & discussion

09:30-09:45 How to create a natural look with injectables **Brunilda Bardhi**

Questions & discussion

09:45-10:00 ASCAD Emergencies **Monika Fida**

Questions & discussion

### Session 2: Dermatology Moderators: Irena Savo, Orjana Janushaj, Dorina Hajro

10:00-10:15 Autoimmune diseases and the face - is there a place for corrective treatments? **Branka Marinovic**

Questions & discussion

10:15-10:30 Corrective pediatric dermatology: the care for the young skin **Carmen Salavastru**

Questions & discussion

10:30-10:45 Alopecia Areata: From Pathogenesis to precision therapy **Alexandra Lesiak**

Questions & discussion

10:45-11:00 Androgenetic alopecia, a new treatments challenge **Dorina Hajro**

Questions & discussion

11:00-11:20 Coffee break

### Session 2: Dermatology (Continued) Moderators: Gentian Zikaj, Ela Treko, Artur Bani

11:20-11:35 Combined targeted therapy and immunotherapy in BRAF mutated advanced melanoma **Mirjana Bakic**

Questions & discussion

11:35-11:50 FU-Primed PDT versus standard PDT in Actinic Keratosis **Juliette Naqo**

Questions & discussion

11:50-12:05 Melanoma Surgery in special locations **Michaela Leventer**

Questions & discussion

### Session 3: Laser & EBD

**Moderators: Rozana Cela, Diana Mujo, Ela Treko**

|                    |                                                                                               |                          |
|--------------------|-----------------------------------------------------------------------------------------------|--------------------------|
| <b>12:05-12:20</b> | Combining of NdYag and Erbium Yag laser for full depth skin remodeling                        | <b>Natasha Teovska</b>   |
|                    | <i>Questions &amp; discussion</i>                                                             |                          |
| <b>12:20-12:35</b> | The challenges of laser treatment of periorbital elastosis                                    | <b>Shkëndije Dobruna</b> |
|                    | <i>Questions &amp; discussion</i>                                                             |                          |
| <b>12:35-12:50</b> | Use of Vbeam Laser in patients with Port Wine Stain (PWS) and other dermatological conditions | <b>Elna Cano</b>         |
|                    | <i>Questions &amp; discussion</i>                                                             |                          |
| <b>12:50-13:05</b> | RF micro-needling for optimal aesthetic outcome. What should we know                          | <b>Ritjana Mala</b>      |
|                    | <i>Questions &amp; discussion</i>                                                             |                          |

### Session: IMCAS Alert

**Moderators: Brunilda Bardhi, Monika Fida**

|                    |                                                          |                       |
|--------------------|----------------------------------------------------------|-----------------------|
| <b>13:05-13:25</b> | Fillers complications: The delayed reaction              | <b>Hugues Cartier</b> |
|                    | <i>Questions &amp; discussion</i>                        |                       |
| <b>13:25-13:45</b> | Complications: The Vascular emergency                    | <b>Elena Rossi</b>    |
|                    | <i>Questions &amp; discussion</i>                        |                       |
| <b>13:45-13:55</b> | Conclusions / closure of the activity                    |                       |
| <b>13:55-14:25</b> | <i>Lunch Break</i>                                       |                       |
| <b>17:35-18:30</b> | <i>Opening Ceremony - Reception for all participants</i> |                       |
| <b>20:30</b>       | <i>Gala Dinner</i>                                       |                       |

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## DAY II – 11 OCTOBER 2026

### Session 1

**Moderators: Ilir Besimi, Xhiliola Doci, Marjeta Gjomemo**

|             |                                                                               |                     |
|-------------|-------------------------------------------------------------------------------|---------------------|
| 08:30-08:45 | Beyond wrinkles: The expanding role of Botulinum Toxin in dermatology         | Orjana Janushaj     |
|             | <i>Questions &amp; discussion</i>                                             |                     |
| 08:45-09:00 | Botulinum Toxin complications                                                 | Kosta Kalokasidis   |
|             | <i>Questions &amp; discussion</i>                                             |                     |
| 09:00-09:15 | The inflammatory truth about skin boosters                                    | Dr. Abs Settippalli |
|             | <i>Questions &amp; discussion</i>                                             |                     |
| 09:15-09:30 | High Frequency Ultrasound (HFUS) and AI in aesthetic medicine and dermatology | Artur Bani          |
|             | <i>Questions &amp; discussion</i>                                             |                     |

### Session 2

**Moderators: Laura Hyska, Elna Cano, Juliette Naqo**

|             |                                                                                                     |                 |
|-------------|-----------------------------------------------------------------------------------------------------|-----------------|
| 09:30-09:45 | Acne: Beyond the lesion. From pathogenesis to precision treatment                                   | Xhiliola Doci   |
|             | <i>Questions &amp; discussion</i>                                                                   |                 |
| 09:45-10:00 | New protocols on acne scars treatment                                                               | Irena Savo      |
|             | <i>Questions &amp; discussion</i>                                                                   |                 |
| 10:00-10:15 | Trichoscopy: what we need to know                                                                   | Oljeda Kacani   |
|             | <i>Questions &amp; discussions</i>                                                                  |                 |
| 10:15-10:30 | Synergistic effects of hyaluronic acid and hybrid laser in skin remodeling and anti-aging processes | Erinda Kollcaku |
|             | <i>Questions &amp; discussion</i>                                                                   |                 |
| 10:30-10:45 | Artificial Intelligence in aesthetic medicine                                                       | Merita Kotori   |
|             | <i>Questions &amp; discussion</i>                                                                   |                 |
| 10:45-11:00 | Coffee break                                                                                        |                 |

### Session 3

**Moderators: Allma Kocinaj, Merita Kotorri, Anila Gjokutaj**

|             |                                                                                          |                   |
|-------------|------------------------------------------------------------------------------------------|-------------------|
| 11:00-11:15 | Skin quality versus volume: The role of skinboosters in modern medicine                  | Ela Treko         |
|             | <i>Questions &amp; discussion</i>                                                        |                   |
| 11:15-11:30 | Cosmetic therapy with PRP and PRF plasma: A new integrative approach in dermatocosmetics | Ardiana Sinani    |
|             | <i>Questions &amp; discussion</i>                                                        |                   |
| 11:30-11:45 | Melasma: From pathogenesis to personalized management evidence-based overview            | Emiljola Janushaj |
|             | <i>Questions &amp; discussion</i>                                                        |                   |
| 11:45-12:00 | New treatment options for cellulitis                                                     | Migena Gega       |
|             | <i>Questions &amp; discussion</i>                                                        |                   |
| 12:00-12:15 | What's new in the management of Rosacea                                                  | Arbnore Tafica    |
|             | <i>Questions &amp; discussion</i>                                                        |                   |

#### Session 4: Plastic Surgery

Moderators: **Vladimir Filaj, Rezarta Kapaj, Nardi Kola, Senera Hoxha**

|                    |                                                                                                                                     |                       |
|--------------------|-------------------------------------------------------------------------------------------------------------------------------------|-----------------------|
| <b>12:15-12:30</b> | Keloids treatment challenges<br><i>Questions &amp; discussion</i>                                                                   | <b>Gentian Zikaj</b>  |
| <b>12:30-12:45</b> | Modern approaches to the upper facial third harmonisation: Blepharoplasty and temporal lifting<br><i>Questions &amp; discussion</i> | <b>Vladimir Filaj</b> |
| <b>12:45-13:00</b> | Incorporation of the Vertical Vector in the medial approach deep plane face lift<br><i>Questions &amp; discussion</i>               | <b>Rezarta Kapaj</b>  |
| <b>13:00-13:15</b> | My surgical approach for aesthetic periorbital surgery<br><i>Questions/Discussion/Conclusions</i>                                   | <b>Nardi Kola</b>     |
| <b>13:15-13:45</b> | Lunch                                                                                                                               |                       |



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## WORKSHOP PROGRAM & LIVE DEMONSTRATIONS

### DAY I – 10 OCTOBER 2026

Moderators: Live Demonstration Workshops

|             |                                                                                                                                                                                   |                       |
|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|
| 14:40-15:30 | <b>MEGAPHARM</b><br>Teoxane babyGLOW. Application of Teosyal Redensity I for skin regeneration.<br>Introduction of the BabyGlow technique. Live demonstration in patients.        | Dr. Irena Savo        |
| 15:30-16:20 | <b>AESTHEMED BALKANS</b><br>SuneKOS, a complete skin structuring approach in one single formula!                                                                                  | Dr. Abs Settipalli    |
| 16:20-17:20 | <b>PHARMACERIS</b><br>MINEPEEL-Volcanic Fuse™ Complex: The synergy of acids, minerals, antioxidants and PDRN - From controlled exfoliation to multidimensional skin regeneration. | Dr. Carlo Gagliardini |
|             | Exosome Revital System. Personalized regenerative and post-procedural recovery validated by Lumiscan pro™ diagnostic imaging.                                                     | Dr. Jessica Aouad     |

### DAY II – 11 OCTOBER 2026

Moderators: Live Demonstration Workshops

|             |                                                                                                            |                         |
|-------------|------------------------------------------------------------------------------------------------------------|-------------------------|
| 13:45-14:35 | <b>AESTHEMED BALKANS</b><br>JETPEEL, the skin rejuvenation. Our 5-year journey.                            | Asst. Prof. Migena Gega |
| 14:35-15:25 | <b>PHARMACERIS</b><br>MelanoControl: from active pigment reduction to long-term stabilization.             | Dr. Jessica Aouad       |
|             | Seborrheic Dermatitis and the Skin Microbiome: Malassezia, Barrier Dysfunction and Inflammatory Signaling. | Dr. Jessica Aouad       |
| 15:25-16:15 | <b>LAZERMED</b><br>Facial and arm sculpturing with 'injectable' quantum RF under local anesthesia.         | Dr. Salvatore Pagano    |
| 16:15-17:05 | <b>UNITEDMED</b><br>Expanding the Clinical Potential of Rejuran: From Scar Management to Lip Enhancement.  | Dr. Olivia Shabani      |